



Quinsar Restaurant

For Healthy Meals

Open Daily 5:00 Am - 10.00 Pm

OUR MISSION

Customer First, Quality Always



Freshly, Healthy & Quality

LUNCH & DINNER

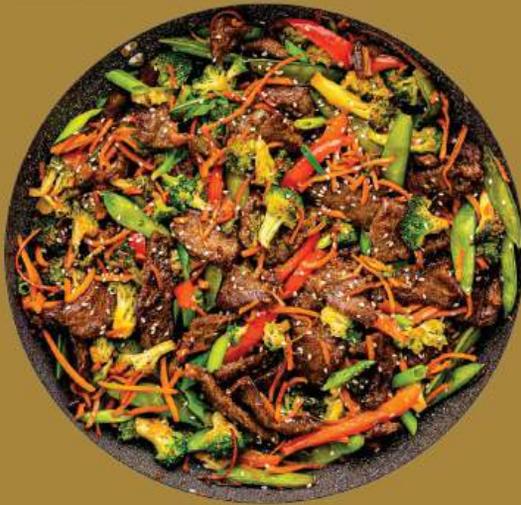
THE QUINSAR'S PRIDE SIZZLING STEAKS

(Generous Portion)

BEEF TENDERLOIN STEAK ★ ★ ★

Premium-cut tenderloin, flame-grilled to your preference, seasoned with a blend of herbs and served on sizzling skillet

- Beef Tenderloin Steak** 600
Served with Ugali/Rice or Chapati
- Beef Tenderloin Steak** 700
Served with Chips/Mukimo
- Beef Tenderloin Steak** 720
Served with Pilau or Chips Masala
- Beef Tenderloin Steak** 550
Plain



MATUMBO/ STRIPS ★ ★ ★

Tender beef tripe, slow-boiled & then pan-fried with onions, fresh coriander, and a touch of spicy seasoning. (Ask for dry-fry or gravy-style as your option)

- Matumbo Wet Fry** 380
Served with Ugali/Rice or Chapati
- Matumbo Wet Fry** 480
Served with Chips/Mukimo
- Matumbo Wet Fry** 530
Served with Pilau or Chips Masala



CLASSIC BEEF STEAK ★ ★ ★

A thick, juicy cut of prime beef, flame-grilled to your liking and finished with a touch of green veges.

- | | Fry | Stew |
|-------------------------------------------------------------------|-----|------|
| Beef STEAK 450
<i>Served with Ugali/Rice or Chapati</i> | 450 | 500 |
| Beef STEAK 550
<i>Served with Chips/Mukimo</i> | 550 | 600 |
| Beef STEAK 600
<i>Served with Pilau or Chips Masala</i> | 600 | 650 |
| Beef STEAK 400
<i>Plain</i> | 400 | 450 |



- Matumbo Dry Fry** 420
Served with Ugali/Rice or Chapati
- Matumbo Dry Fry** 520
Served with Chips/Mukimo
- Matumbo Dry Fry** 580
Served with Pilau or Chips Masala
- Matumbo Dry Fry** 320
Plain

LUNCH & DINNER



TRADITIONAL KIENYEJI CHICKEN

Tender kienyeji chicken, naturally raised and simmered in traditional herbs. A taste of real Kenyan heritage on your plate.

Chicken Wet/Dry/Boiled 550

Served with Ugali/Rice or Chapati

Chicken Wet/Dry/Boiled 600

Served with Chips/Mukimo

Chicken Wet/Dry/Boiled 650

Served with Pilau/Chips Masala

Chicken Wet/Dry/Boiled 500

Plain

(Taste the tradition, naturally delicious)

CHICKEN STIR FRY BONELESS

Tender strips of boneless chicken, wok-tossed with crisp bell peppers, onions and carrots in a light ginger-garlic soy glaze.



Chicken Stir fry 600

Served with Ugali/Rice or Chapati

Chicken Stir fry 650

Served with Chips/Mukimo

Chicken Stir fry 700

Served with Pilau or Chips Masala

Chicken Stir fry 520

Plain



WHOLE TILAPIA - FRESH WET FRY

Locally sourced fish & prepared on order

Whole fresh tilapia, cleaned and pan-fried in a flavorful blend of onions, tomatoes, garlic and coriander, then simmered in a light, aromatic broth.

ASK Tilapia Fry, Crispy on the outside, tender inside-a true Kenyan classic done the Quinsar way

Tilapia Whole Fish Wet/Fry 600

Served with Ugali/Rice or Chapati

Tilapia Whole Fish Wet/Fry 700

Served with Chips/Mukimo

Tilapia Whole Fish Wet/Fry 750

Served with Pilau/Chips Masala

Tilapia Whole Fish Wet/Fry 550

Plain

ALL MAIN COURSES ARE SERVED WITH SEASONAL VEGETABLES



PAN FRIED FISH FILLET

Fresh fish fillet, lightly seasoned and pan-fried to a golden crisp, then finished with a squeeze of lemon and fresh herbs



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Pan Fried Fish Fillet Wet/Dry 600
Served with Ugali/Rice or Chapati

Pan Fried Fish Fillet Wet/Dry 650
Served with Chips

Pan Fried Fish Fillet Wet/Dry 750
Served with Pilau or Chips Masala

Pan Fried Fish Fillet Wet/Dry 520
Plain



“Savor the flavor, served with love, where every bite tells a story”



CHIPS SECTION

CHIPS SALAD	200
CHIPS MASALA	250
CHIPS EGGS FRIED	320
CHIPS SAMOSA	270
CHIPS, SAUSAGE, EGG	320
CHIPS SAUSAGE	270
MINI CHIPS SAMOSA	250
MINI CHIPS SAUSAGE	250
CHIPS & CHICKEN (Kienyeji)	580



HEALTH KICK

Eating Organic isn't a Trend,
It's a return to Tradition



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NJAHİ (BLACK BEANS STEW) ★ ★ ★

Soft-cooked black beans simmered in a delicious blend of onions, tomatoes, garlic and mild spices, with a touch of coriander for extra flavour.

Njahi 350
Served with Veges

Njahi 380
Served with Rice/Chapati

Njahi 380
Served with Nduma/Ngwaci/Mukimo

Njahi 280
Plain



GITHERI WITH MIXED CEREALS ★ ★ ★

A wholesome, Kenyan classic made from a hearty mix of boiled maize, beans, and peas, sauteed with onions, tomatoes, carrots, and fresh herbs.

Githeri Veges 300

Githeri 400
Served with Rice

Githeri 350
Served with Chapati

Githeri Managu 400

Githeri Beef 550

INDIGENOUS MANAGU (AFRICAN NIGHTSHADE) ★ ★ ★

Freshly harvested indigenous greens, gently sauteed with onions, tomatoes, and a hint of garlic.

Managu 300
Served with Ugali/ Rice / Chapati/Ngwaci

Managu 300
Served with Nduma/Mukimo

Managu 120
Plain

Cabbage/Sukuma 250
Served with Rice/Ugali or Chapati



MINJI (GREEN PEAS STEW) ★ ★ ★

Tender green peas simmered in a savory sauce of onions, tomatoes, garlic, and fresh herbs.

Minji 350
Served with Rice / Chapati/ Ugali

Minji 380
Served with Nduma/Ngwaci/Mukimo

Minji 280
Plain



DESSERTS

Irresistible Treats



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ICE CREAM DELIGHTS



A cool and creamy treat available in a variety of classic and fruity flavors, including vanilla, strawberry, caramel.

Ice Cream Scoop Vanilla	200
Ice Cream Scoop Strawberry	200
Ice Cream Caramel	200

SHAKE UP YOUR DAY



Caramel Milkshake	390
Vanilla Milkshake	390
Strawberry Milkshake	390



FRESH CRAFTED JUICES



Made fresh 100% real fruits, no added sugar, no preservatives. Enjoy a naturally refreshing glass of health and flavor in every sip.

Passion Juice	200
Mango Juice	200
Cocktail Juice	200

SOFT DRINKS



A variety of refreshing, ice-cold soft drinks to complement any meal. Coke, Fanta Orange, Blackcurrant, Passion, Sprite, Stoney, Krest.

Soda RGB 300ml	100	Quencher 500ml	80
Soda Pet 500ml	120	Quencher 1 Litre	150

NOTHING BRINGS PEOPLE TOGETHER LIKE GOOD FOOD

